



## Do Good! July 2020 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> Pray for all infected by the coronavirus and for their caregivers.	<b>2</b> Pray for people who have lost loved ones.	<b>3</b> Pray for health care workers and their families.	<b>4</b> Thank God for our many freedoms.
<b>5</b> Pray for police, firefighters, first responders, military, and their families.	<b>6</b> Pray for scientists to develop a COVID-19 vaccine.	<b>7</b> Start a gratitude journal.	<b>8</b> Set up a neighborhood group to help elderly neighbors.	<b>9</b> Help someone who is struggling financially.	<b>10</b> Call someone who is experiencing anxiety and isolation.	<b>11</b> Surprise a parent with a “survival kit” of kids’ activities.
<b>12</b> Show someone your love with a “drive-by” parade of cars.	<b>13</b> Encourage others to wear a mask in public.	<b>14</b> Help to feed the hungry.	<b>15</b> Support restaurants and businesses impacted by the pandemic.	<b>16</b> Catch up with a friend over a virtual cup of coffee.	<b>17</b> Show God’s love to a stranger.	<b>18</b> Wash your hands often.
<b>19</b> Support Murphy-Harpst Special Offering.	<b>20</b> Avoid panic-buying of food.	<b>21</b> Use technology to read with your grandchildren.	<b>22</b> Make or have a meal delivered to your pastor.	<b>23</b> Eat a healthy, well-balanced diet.	<b>24</b> Exercise daily.	<b>25</b> Demonstrate compassion to the least and the lost.
<b>26</b> Follow social distancing guidelines.	<b>27</b> Shop for a senior citizen.	<b>28</b> Send an inspirational note to a friend.	<b>29</b> Practice the art of listening.	<b>30</b> Give generously to your church.	<b>31</b> Tell your family how much you love them.	